



HOW TO CHANGE YOUR NUKEPROOF TOP CAP

In this guide we will show you how to change the top cap on your bike. This is a fairly standard procedure across all brands of bike.

ITEMS REQUIRED

- 4mm hex key
- 5mm hex key
- Torque wrench and bits
- Top cap



PROCESS



1. Loosen your stem bolts.



2. Loosen your top cap bolt and remove the top cap.



3. Get your new top cap and put it in place.



4. Start to tighten the top cap bolt.



5. Straighten handlebars and tighten top cap bolt until all play has been removed from the headset. **Note:** You should rock the bike back and forth with the brakes on to feel for play. **DO NOT** over tighten bolt as this could damage the headset bearings.



6. Tighten the stem bolts to manufacturers recommended torque setting.

Your top cap has now been changed and your bike is ready to ride. Remember to check your bolts after a few rides to ensure everything has remained tight.